

St. Catherine of Siena

**IF YOU ARE
WHAT YOU
SHOULD BE, YOU
WILL SET THE
WHOLE WORLD
ABLAZE!**

St. Augustine

**THIS IS THE VERY
PERFECTION OF
A MAN, TO FIND
OUT HIS OWN
IMPERFECTIONS.**

Bl. John Henry
Cardinal Newman

**TO LIVE IS TO
CHANGE, AND TO
BE PERFECT IS TO
HAVE CHANGED
OFTEN.**

St. Gregory of Nissa

**HE WHO CLIMBS
NEVER STOPS GOING
FROM BEGINNING TO
BEGINNING,
THROUGH
BEGINNINGS THAT
HAVE NO END. HE
NEVER STOPS
DESIRING WHAT HE
ALREADY KNOWS.**

St. Margaret Mary
Alacoque

**LET US BEGIN IN
EARNEST TO WORK
OUT OUR SALVATION,
FOR NO ONE WILL DO
IT FOR US, SINCE EVEN
HE HIMSELF, WHO
MADE US WITHOUT
OURSELVES, WILL NOT
SAVE US WITHOUT
OURSELVES.**

Saint Augustine

**IT WAS PRIDE
THAT CHANGED
ANGELS INTO
DEVILS; IT IS
HUMILITY THAT
MAKES MEN AS
ANGELS.**

St. Thomas Aquinas

**TO ONE WHO
HAS FAITH, NO
EXPLANATION IS
NECESSARY. TO
ONE WITHOUT
FAITH, NO
EXPLANATION IS
POSSIBLE.**

St. Miriam Teresa
Demjanovich

**IF ALL WOULD ONLY
MAKE USE OF THE
ORDINARY DUTIES
AND TRIALS OF THEIR
STATE IN THE WAY
GOD INTENDED, THEY
WOULD ALL BECOME
SAINTS.**

Mother Mary Loyola

**FIDELITY TO
LITTLE THINGS,
TO THE GRACE
OF THE PASSING
MOMENT, IS THE
SECRET OF
SANCTITY**

Blessed Philippine
Duchesne

**WE CULTIVATE A VERY
SMALL FIELD FOR
CHRIST, BUT WE LOVE
IT, KNOWING THAT
GOD DOES NOT
REQUIRE GREAT
ACHIEVEMENTS BUT A
HEART THAT HOLDS
NOTHING BACK FOR
SELF.**

St. Vincent de Paul

**YOU MUST ASK GOD TO
GIVE YOU POWER TO
FIGHT AGAINST THE SIN
OF PRIDE WHICH IS YOUR
GREATEST ENEMY – THE
ROOT OF ALL THAT IS
EVIL, AND THE FAILURE
OF ALL THAT IS GOOD.
FOR GOD RESISTS THE
PROUD.**

Mother Teresa

**LOVE TO BE
REAL, IT MUST
COST–IT MUST
HURT–IT MUST
EMPTY US OF
SELF.**

St. Jean Marie
Vianney

**ALL IS WELL IF WE
CARRY OUR
CROSS WELL.**

St. Thomas Aquinas

**CHARITY BRINGS
TO LIFE AGAIN
THOSE WHO ARE
SPIRITUALLY
DEAD.**

Saint Francis de Sales

**WE MUST FEAR
GOD OUT OF
LOVE, NOT LOVE
HIM OUT OF
FEAR.**

St. Joan of Arc

**BE A GOOD
CHILD, AND GOD
WILL HELP YOU.**

St. Rose of Lima

**APART FROM THE
CROSS, THERE IS
NO OTHER
LADDER BY
WHICH WE MAY
GET TO HEAVEN.**

St. Therese of Lisieux

**YOU CANNOT BE
HALF A SAINT;
YOU MUST BE A
WHOLE SAINT OR
NO SAINT AT
ALL.**

St. Gerard Majella

**WHO EXCEPT
GOD CAN GIVE
YOU PEACE? HAS
THE WORLD EVER
BEEN ABLE TO
SATISFY THE
HEART?**

Mother Teresa

**JOY IS VERY
INFECTIOUS;
THEREFORE, BE
ALWAYS FULL OF
JOY.**

St. Augustine

**PATIENCE IS THE
COMPANION OF
WISDOM.**

Louis and Zelig Martin

**"GOD GAVE ME A
FATHER AND
MOTHER MORE
WORTHY OF
HEAVEN THAN OF
EARTH."
ST. THERESE**

St. Edmund

**IT IS BETTER TO SAY
ONE OUR FATHER
FERVENTLY AND
DEVOUTLY THAN A
THOUSAND WITH
NO DEVOTION AND
FULL OF
DISTRACTION.**

St. Elizabeth Ann
Seton

**THE FIRST END I
PROPOSE IN OUR
DAILY WORK IS TO DO
THE WILL OF GOD;
SECONDLY TO DO IT
IN THE MANNER HE
WILLS IT;
AND THIRDLY, TO DO
IT BECAUSE IT IS HIS
WILL.**

St. Ignatius of Loyola

GOD GIVES EACH
ONE OF US
SUFFICIENT
GRACE EVER TO
KNOW HIS HOLY
WILL, AND TO
DO IT FULLY.

St. Bernard

UNDERSTANDING
IS THE SURE AND
CLEAR
KNOWLEDGE OF
SOME INVISIBLE
THING.

St. Benedict

LISTEN AND
ATTEND WITH
THE EAR OF
YOUR HEART.

St. Gianna Berretta
Molla

AS TO THE PAST, LET
US ENTRUST IT TO
GOD'S MERCY,
THE FUTURE TO DIVINE
PROVIDENCE.
OUR TASK IS TO LIVE
HOLY THE PRESENT
MOMENT.

St. John of Kanty

FIGHT ALL ERROR, BUT
DO IT WITH GOOD
HUMOR, PATIENCE,
KINDNESS, AND LOVE.
HARSHNESS WILL
DAMAGE YOUR OWN
SOUL AND SPOIL THE
BEST CAUSE.

St. Francis

LET THE BROTHERS
EVER AVOID
APPEARING GLOOMY,
SAD, AND CLOUDED,
LIKE THE HYPOCRITES;
BUT LET ONE EVER BE
FOUND JOYOUS IN
THE LORD, GAY,
AMIABLE, GRACIOUS,
AS IS MEET.

St. Ambrose

FAITH MEANS
BATTLES; IF THERE
ARE NO CONTESTS,
IT IS BECAUSE
THERE ARE NONE
WHO DESIRE TO
CONTEND.

St. Clare of Assisi

LOVE GOD,
SERVE GOD;
EVERYTHING IS IN
THAT.